

# Bloomsburg University's The Market Street Mile



**1 Mile Race  
Start at Town Fountain  
Finish at Town Park!**

**New this year!  
Kids races are loops in Town Park!  
Start & Finish are 100 feet apart!**

**Friday September 10, 2010**

**1 Mile: 6:30pm**

**1/2 Mile: 6:45pm (kids 6-10)**

**1/4 Mile: 6:55pm (5 & under)**

1 Mile Registration

Reg. Fee till Sept 1st: \$12 (\$15 after)

1/4 & 1/2 Mile Registrations

Reg. Fee till Sept 1st: \$8 (\$10 after)

The first 150 registered are guaranteed an Official Race T-Shirt.

**Awards:**

1st Male, 1st Female, Top 3 in Each Age Group, 1st Finisher in 1/4 and 1/2 Races, and all kids!

*New this year! Bloomsburg University Class Champions—Top Male/Female Freshman, Sophomore, Junior, Seniors!*

**Age Groups 1 MILE race:**

11 to 14; 15 to 19; 20 to 29; 30 to 34; 35 to 39; 40 to 44; 45 to 49; 50 to 54; 55 to 59; 60 to 69; and 70+ & BU CLASS CHAMPS!

**Registration :** Mail completed and signed entry form to:

Bernard Empie, XC/T&F Coach

Bloomsburg University

400 East Second Street

Bloomsburg, PA 17815

Checks payable to: Bloomsburg University XC/Track

(proceeds from the race support BU XC/T&F scholarships)

**Race Director:** Bernard Empie

**Email:** bempie@bloomu.edu

**Website:** www.buhuskies.com

**Race Day Registration Time:**

4:30 thru 15 minutes prior to race time!

**Race Day Registration/Early Pick-up Location:**

Town Park Pavilion Only!

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★ **NO pre-registered packets** ★  
★ **and** ★  
★ **NO registration** ★  
★ **will be available at the starting line!** ★  
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NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

GENDER: M or F

EMAIL ADDRESS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

T-Shirt Size: Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. It is my declaration that I consider myself in such physical and medical condition and that I have sufficient training to enable me to participate in this event. I agree to abide to any decision of a race official relative to my ability to safely complete this race. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and conditions of the road, insect bites and/or bee stings, and course conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf including but limited to heirs, executors and administrators, waive and release Bloomsburg University, the Town of Bloomsburg, its officers and agents, all sponsors, their representatives and successors, including the claims and liabilities of any kind arising from my participation in this event. The race director reserves the right to reject any entry. I also give permission to Bloomsburg University to use my name and/or picture (including the participant(s)) without compensation.

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of parent or guardian (if under 18): \_\_\_\_\_