

NORTHEAST PENNSYLVANIA CROSS COUNTRY INVITATIONAL @ BLOOMSBURG UNIVERSITY

FRIDAY, OCTOBER 1, 2010

3:00PM	JR HIGH GIRLS	4:00PM	VARSITY GIRLS	5:00PM	JR VARSITY GIRLS
3:30PM	JR HIGH BOYS	4:30PM	VARSITY BOYS	5:30PM	JR VARSITY BOYS

PLACE: Nelson Field House, Upper Campus, Bloomsburg University

COURSE: Maps will be provided and will also be available on Bloomsburg University Cross Country website. The course is entirely on grass and will be very well marked.
This will be the course used for the PIAA District IV Championships.

ELIGIBILITY: This meet is open to cross country teams that meet all eligibility requirements.

ENTRIES: Please identify Jr High, Varsity, and JV runners using separate sheets (copy as necessary). Only 7 runners allowed in Varsity races. No limits in other races.
The Jr. High division is open to all athletes in grades 7, 8 & 9 who have not been declared as varsity athletes. All meet information and entry forms will be available on our XC website off of: buhuskies.com

INTENT TO ENTER: Respond ASAP with your intent to enter via email to: lduffus@bloomu.edu.

ENTRY DEADLINE: **ALL ENTRIES MUST BE RECEIVED or POSTMARKED NO LATER THAN MONDAY, SEPTEMBER 27, 2010.** (We reserve the right to reject any entries received after the deadline.)
PREFERRED METHOD OF ENTRY IS EMAIL at: lduffus@bloomu.edu
Or FAX to: 570-389-2099
Or mail to: Louise Duffus, Asst. Cross Country Coach
Bloomsburg University, 400 East 2nd Street
Room 225, Nelson Field House
Bloomsburg, PA 17815
Questions?? 570-389-4951

ENTRY FEE: **\$80.00 per gender**
\$150.00 if both boys and girls teams are entered.
Add \$50.00 for Jr High runners

Please make checks payable to: Bloomsburg University XC

SCORING: The top 5 runners from each Varsity, JV, and Jr High races will score with the 6th and 7th runners displacing.

AWARDS: An awards ceremony will follow the completion of all races. (Location TBA)
Varsity Top 5 Teams and Top 25 Individuals
JV Top 3 Teams and Top 15 Individuals
Jr High Top 5 Teams and Top 20 Individuals

FACILITIES: Please park buses and vans where directed to do so on the morning of the race.
Nelson Field House will not be accessible during the meet.
Restrooms will be available at Redman Stadium and porta-johns at the course.
Packet pick-up will start at 1:00pm and be at the tent near the finish line.

EXTRAS: T-Shirts and concessions will be available at the meet site.

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@ BLOOMSBURG UNIVERSITY
 FRIDAY, OCTOBER 1, 2010

COACH: _____
 SCHOOL: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE (school): _____ PHONE (home): _____

PLEASE CIRCLE: **VARSITY** **JR VARSITY** **JR HIGH**

PLEASE LIST IN ALPHABETICAL ORDER, LAST NAME FIRST.

EXAMPLE: Smith, William 12 TYPE OR PRINT LEGIBLY

Photocopy this form if you need additional space to enter names!

	BOY'S TEAM		GIRL'S TEAM	
NAME		YEAR	NAME	YEAR
1.	_____		1.	_____
2.	_____		2.	_____
3.	_____		3.	_____
4.	_____		4.	_____
5.	_____		5.	_____
6.	_____		6.	_____
7.	_____		7.	_____
8.	_____		8.	_____
9.	_____		9.	_____
10.	_____		10.	_____
11.	_____		11.	_____
12.	_____		12.	_____
13.	_____		13.	_____
14.	_____		14.	_____
15.	_____		15.	_____

Return to: Louise Duffus, Asst. Cross Country Coach
 Bloomsburg University, 400 East 2nd Street
 Room 225, Nelson Field House
 Bloomsburg, PA 17815

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 BY MONDAY, SEPTEMBER 27, 2010.**

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